



SOFT SKILLS AS A TOOL FOR CREATIVITY IN RURAL AREAS PROJECT

2020-1-FR01-KA204-079841

1) NAME AND DESCRIPTION OF THE TOOL

Wordless Acting

This activity from Grace Fleming (2018) from ThoughtCo will show the participants how much we “speak” with our body language and facial expressions.

2) OBJECTIVES OF THE TOOL

To show the meaning of verbal and nonverbal communication.

To show the connection of verbal and nonverbal communication.

To show how much we “speak” with our body language and facial expressions.

3) CONNECTION OF THE TOOL SKILL

A large quantity of our nonverbal communication with our faces and bodies is intuitive. This exercise will show the participants the importance of the nonverbal movements and expressions while we communicate. It will also show how essential and successful basic motions and articulations can be in passing on a message.

4) RESOURCES & MATERIALS

Script

Paper



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5) IMPLEMENTATION OF THE TOOL

Separate the group into pairs.

Assign one participant in each pair to be Partner A and the other to be Partner B.

Give each participant a copy of the script (copied below).

Instruct Participant A to read his or her lines out loud, but instruct Participant B to communicate his or her lines in a nonverbal way.

Provide Participant B with a secret emotional distraction written on a piece of paper (e.g., Participant B is in a rush, is really bored, or is feeling guilty).

Have each pair work through the script.

After each pair has finished working through the script, have the “A” participants guess what emotion their partner was feeling.

This is the script you will give each participant:

A: Have you seen my book? I can't remember where I put it.

B: Which one?

A: The murder mystery. The one you borrowed.

B: Is this it?

A: No. It's the one you borrowed.

B: I did not!

A: Maybe it's under the chair. Can you look?

B: Okay—just give me a minute.

A: How long are you going to be?

B: Geez, why so impatient? I hate when you get bossy.

A: Forget it. I'll find it myself.

B: Wait—I found it!

After the activity, guide a discussion on how much information we can pick up from nonverbal communication and how important it is to regulate our bodies and our facial expressions when communicating, even if we're also using verbal communication.



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6) WHAT TO LEARN

Participants will be able to learn more about the meaning of verbal and nonverbal communication.

Participants will be able to practise the connection of verbal and nonverbal communication.

Participants will be able to see how much we “speak” with our body language and facial expressions.

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